

Kleinburg Integrative Health IntraVenous Vitamin Infusion Consent Form

Vitamins and minerals are essential to the normal functioning of our bodies. They are necessary for our growth, vitality, and general well-being and involved in regulating metabolism, converting carbohydrates into energy, and assisting in forming soft tissue and bone. It would be ideal to get right amount of nutrients through our diet, however, sometimes even a great diet might not translate to proper nutrition at the cellular level. There can be many causes for this which may include: Poor digestion, food sensitivities, chronic inflammation, poor immune function, or chronic illness, or side effects from drug therapy.

Intravenous therapy (IVT) involves the administration of nutrients in high concentrations to rapidly aid cellular healing. Normally cells in the digestive tract facilitate the absorption of nutrients, however in IVT, the digestive tract is bypassed with the direct infusion into the bloodstream. This allows the cells to rapidly obtain the nutrients needed to repair and regain strength.

IVT may be recommended in the following circumstances:

Autoimmune diseases, migraines, detoxification, fibromyalgia and chronic fatigue syndrome, allergies, asthma, macular degeneration, depression, anxiety, drug/alcohol withdrawal, and malnutrition. It can also be used in healthy people to enhance overall well-being as well as for athletes to improve endurance and performance. When our cells are given the nutrients they need, they will be able to function properly and thus allow the restoration of our body's inherent healing mechanisms.

Safety:

Intravenous vitamin and mineral treatment has been used safely by doctors for decades. The solution is composed of vitamins, minerals and potentially amino acids that are natural to the body and generally pose minimal health risks when the procedure is performed by a trained professional. Your IV-therapy certified KIH ND will conduct a thorough assessment prior to any treatment to ensure that it is safe and individualized for you. They are all regulated to perform IVT by the College of Naturopaths of Ontario (CONO) and trained in emergency procedure medicine. You, as a patient, are responsible for following up with your medical doctors regularly for general health assessments *and* as recommended by your Naturopathic Doctor while undergoing intravenous treatments.

Potential Side Effects and Adverse Reactions:

A mild flushing sensation or a taste of vitamins may occur. It is very temporary and related to the magnesium and B vitamins in your solution. A potential side effect of the IV treatment could be a slight irritation of your vein, as with any needle, but the sensation is quite mild for most patients. An allergy or sensitivity to the preservative in one of the nutrients could possibly cause a tired feeling, headache or an allergic reaction, but this is very uncommon. The NDs include screening for allergies in their initial assessment. If this reaction does occur, the offending substance can be identified and omitted and/or, preservative free solutions can be ordered. Also, as with any needle, there is the risk of infection, however the ND performing the IV treatment are trained in sterile compounding and safe practices for IV administration. As such, this risk is very low. Finally, there is the risk of either fainting, feeling lightheaded or the development of a headache in association with the IV treatments. These adverse reactions are rare and can be minimized if you notify your practitioner of any anxiety or fears around needles or IV treatments, and also by eating and drinking something within an hour of the treatment.

NOTE: It is very important that you have something to eat and drink prior to receiving an IVT treatment. This will reduce the chances of an orthostatic reaction which is characterized by feeling faint and/or passing out.

Naturopathic Assistant:

During some treatments there may be a Naturopathic Assistant assisting with the IV treatments. They are either studying to become a naturopathic doctor, or have completed the naturopathic program. The role of this assistant will be to greet you, take your vitals, ensure you are comfortable during the treatment (e.g. by bringing you water and/or an ice or heating pack) and also to take out the IV needle post-treatment. Please notify your practitioner if you have any questions or concerns.

I have read and understood the general information on IV nutrient therapy and discussed it to my satisfaction with Dr. _____:

Patient Signature: _____

ND Witness: _____

Date Signed: _____

IntraVenous Therapy (IVT) Appointment and Solution Fees

Please note that a consult appointment is required after each series of 4 IV treatments in order to reassess progress and determine whether or not any modifications need to be made to the treatment plan. This can either be scheduled as a non-IV appointment or a 40min IV consult appointment.

Initial IV specific appointment: \$165

IV therapy appointment, **no consult**, 30-45min: \$105

IV appointment **with a consult**, 40min: \$135

IV Solution fees, HST is additional:

Myers Cocktail: \$45 (5g Vitamin C, mixed a blend of vitamins and minerals in a saline base)

Modified Myers Cocktail: \$50 (same as the myers cocktail with additional vitamin C)

Glutathione, 5ml 200mg/ml: \$13

KIH IV Formula Price List:

Weight Loss Kick Start Drip: \$60

Immune Boost Drip: \$60

Anti-Viral Drip: \$70

Post-Infection Drip: \$65

Energizer Drip: \$60

Tranquility Drip: \$55

Hydration Drip: \$55

Skin Rejuvenation Drip: \$65

Detox Drip: \$65



Tissue Healing Drip: \$60

High Dose Vitamin C Drip: \$65-\$90 + HST (30-75g vitamin C)

Homeopathic Oral Ampoules (various formula's can be used to support the immune system, hormone regulation, liver detox and drainage and/or restlessness and anxiety): \$10

Note: the naturopathic appointment fee is reimbursable by your private insurance **but the IV solution charge is not**. If you have any questions about the uses or specific ingredients for the listed intravenous solutions or oral homeopathic solutions, please ask your Naturopathic Doctor.

I have read through and understood the fee's associated with IV nutrient therapy and discussed it to my satisfaction with my Naturopathic Doctor:

Patient Signature: _____

ND Witness: _____

Date Signed: _____