



IntraVenous Vitamin Therapy Consent Form

Vitamins and minerals are essential to the normal functioning of our bodies. They are necessary for our growth, vitality, and general well-being and involved in regulating metabolism, converting carbohydrates into energy, and assisting in forming soft tissue and bone. It would be ideal to get right amount of nutrients through our diet, however, sometimes even a great diet might not translate to proper nutrition at the cellular level. There can be many causes for this which may include: Poor digestion, food sensitivities, chronic inflammation, poor immune function, or chronic illness, or side effects from drug therapy.

Intravenous therapy (IVT) involves the administration of nutrients in high concentrations to rapidly aid cellular healing. Normally cells in the digestive tract facilitate the absorption of nutrients, however in IVT, the digestive tract is bypassed with the direct infusion into the bloodstream. This allows the cells to rapidly obtain the nutrients needed to repair and regain strength.

IVT may be recommended in the following circumstances:

Autoimmune diseases, migraines, detoxification, fibromyalgia and chronic fatigue syndrome, allergies, asthma, macular degeneration, depression, anxiety, drug/alcohol withdrawal, and malnutrition. It can also be used in healthy people to enhance overall well-being as well as for athletes to improve endurance and performance. When our cells are given the nutrients they need, they will be able to function properly and thus allow the restoration of our body's inherent healing mechanisms.

Safety:

Intravenous vitamin and mineral treatment has been used safely by doctors for decades. The solution is composed of vitamins, minerals and potentially amino acids that are natural to the body and generally pose minimal health risks when the procedure is performed by a trained professional. Your IV-therapy certified KIH ND will conduct a thorough assessment prior to any treatment to ensure that it is safe and individualized for you. They are all regulated to perform IVT by the College of Naturopaths of Ontario (CONO), and trained in emergency procedure medicine. You, as a patient, are responsible for following up with your medical doctors regularly for general health assessments *and* as recommended by your Naturopathic Doctor while undergoing intravenous treatments.

Potential Side Effects:

A mild flushing sensation or a taste of vitamins is very temporary and **uncommon** and is typically related to the magnesium and B vitamins. A potential side effect could be a slight irritation of your vein as with any needle, but does not occur with most patients. Sensitivity to a preservative in one of the nutrients could possibly cause a tired feeling or a headache, but this is very uncommon. We generally use solutions without preservative to reduce this possibility. If this reaction does occur, the offending substance can be identified and omitted

It is very important that you have something to eat and drink prior to receiving an IVT treatment. This will reduce the chances of an orthostatic reaction which is characterized by feeling faint and/or passing out.

I have read and understood the general information on IV nutrient therapy and discussed it to my satisfaction with Dr. _____:



Patient Signature: _____

ND Witness: _____

Date Signed: _____

IntraVenous Therapy (IVT) Appointment and Solution Fees

Please note that a consult appointment is required after each series of 4 IV treatments in order to reassess progress and determine whether or not any modifications need to be made to the treatment plan. This can either be scheduled as a non-IV appointment or a 40min IV consult appointment.

IV therapy appointment, **no consult**, 30-45min: \$120

IV appointment **with a consult**, 40min: \$145

Solution fees:

Short Myers: \$45 (2g Vitamin C, mixed with various vitamins and minerals in a saline base)

Long Myers: \$55 (4g Vitamin C, mixed with various vitamins and minerals in a saline base)

10g Vitamin C: \$50 (Also mixed with various vitamins and minerals in a sterile water base)

15g Vitamin C: \$60 (Also mixed with various vitamins and minerals in a sterile water base)

20g Vitamin C: \$65 (Also mixed with various vitamins and minerals in a sterile water base)

30g Vitamin C: \$70 (Also mixed with various vitamins and minerals in a sterile water base)

50g Vitamin C: \$80 (Mixed with Calcium gluconate and Magnesium sulfate in a sterile water base)

75g Vitamin C: \$95 (Mixed with Calcium gluconate and Magnesium sulfate in a sterile water base)

Glutathione Injections, 5ml 200mg/ml: \$10

Glutathione, 10ml 200mg/ml: \$35

Homeopathic Oral Ampoules (various formula's can be used to support the immune system, hormone regulation, liver detox and drainage and/or restlessness and anxiety): \$10

Note: the naturopathic appointment fee is reimbursable by your private insurance but the IV solution charge is not. If you have any questions about the uses or specific ingredients for the listed intravenous solutions or oral homeopathic solutions, please ask your Naturopathic Doctor.

I have read through and understood the fee's associated with IV nutrient therapy and discussed it to my satisfaction with my Naturopathic Doctor:

Patient Signature: _____

ND Witness: _____

Date Signed: _____