



Post Treatment Patient Instructions

Patient Name:

Date:

Thanks for visiting KIH Clinic today! I hope your first IV treatment was a pleasant experience.

Today you received a:

Please keep the insertion site covered for approximately 30 min.

IV vitamins and minerals are very well tolerated by almost all people—side effects are rare, and few complications ever arise.

But just in case, please call 905-893-2898 or return to clinic if:

1. The insertion site continues to bleed.
2. You have pain that does not go away.
3. You experience heat and redness at the insertion site.
4. You are dizzy for more than 3 hours post-treatment or you get a fever, headaches, muscle ache or any other unusual symptom within 24 hours of your treatment.
5. You have continual stomach cramping or diarrhea on the day of treatment

Though extremely rare to occur, if you experience the symptoms of an anaphylactic reaction (swelling of the mouth/throat, shortness of breath, coughing), take a dose of Benadryl and visit your local emergency room immediately.